



Facilitator's Guide

Module 1: Welcome & Community Agreements

[SQUINCH Curriculum](#)
[Module 1: Video](#)

Goals:

Explain how to use SQUINCH
Give examples of Group Agreements

Post a large piece of paper on the wall for writing down the agreements the club wants. Hang it up each meeting (or leave it up all year). This document is living, and agreements can be changed, added, or removed as each club sees fit.

Sample Group Agreements:

"Don't yuck my yum"

"One speaker at a time" or "I'm holding the conch shell"

"Take space, make space"

"Avoid generalizations" or "Use I statements"

"Respect pronouns and names"

"Challenge by choice"

"What happens in GSA stays in GSA"

"Affirm and address harm"

"Make consent our culture"

"No war stories"

Consider asking your club:

What other norms, expectations, and agreements would you like to add?

How will you keep these agreements?

Please take our survey after each module: <https://tinyurl.com/mw9m6bd7>

Resources:

Supporting Survivors of sexual harassment, assault, and intimate partner violence.

When talking about healthy relationships, some conversations may include themes of sexual violence and intimate partner violence. You may find some people disclose their experiences with violence. You can share local resources such as rape crisis centers. Find your local provider here:

<http://nmcsap.org/find-help/sexual-assault-service-providers-sasp2/>.

Rape crisis providers can talk to survivors, friends, and partners of survivors, and connect them to services such as counseling, rape kits, support groups, and more. You can support them by listening to them with your full attention and compassion (see Brene Brown's video on empathy at <https://www.youtube.com/watch?v=1Evwgu369Jw>).

NM GSA Network

If you are looking for information about starting or supporting a GSA, contact New Mexico GSA Network. <https://themountaincenter.org/programs/nmgsa/>

We warmly appreciate the GSA youth advisors for providing feedback and direction for the development of this curriculum.

HEAL+NM

Healthy Equity Alliance for LGBTQ+ New Mexicans has a resource directory of agencies, online resources, and information. <https://www.healplusnm.org/explore/>

Join our newsletter for events, resources and updates.

<https://www.healplusnm.org/contact/newsletter/>

GLSEN Albuquerque

GLSEN is an active advocate for LGBTQ+ students and educators. They host a youth and educator summit. The national GLSEN website have many great resources such as sample school policies, supporting LGBTQ youth of color, and GSA activity guides.

<https://www.glsen.org/chapter/albuquerque>

<https://www.glsen.org/resources/student-and-gsa-resources>

SQUINCH survey: <https://tinyurl.com/mw9m6bd7>